

Lady Portia
&
The Ascended Masters
Channeled Spiritual Alignments and Information

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“CREATING YOUR SACRED SPACE”
For Meditation and Receiving Spiritual Healing Assistance

You may say these words aloud to create your Sacred Space. The suggestions are in Italics.

“Dear God, Creator of All, Buddha, Mother-Father God, the Goddess Energies,” *(whatever you wish to say)*

(You might like to stand and face each of the Four Directions, and connect with their energies as you say the following words.)

“To the East where the Sun rises -- to the West where the Sun Sets -- to the North where the cold comes from -- to the South where the warm winds blow,

“Father Sky. . . Mother Earth -- Please create a column of White Light from the Ethers of the Heavens to the very Heart and Core of our Mother Earth. Please mirror this Light all around, above, and below, reflecting back any negative thoughts, words, or deeds that may be being sent, to those sending them, with Love and Light. Please extend your protection to the corners of this room, the building, and the surrounding area. I ask that this protection be around me while I meditate.

“We ask that the energies necessary to carry out this work now be allowed to travel the Light safe and sound from the fifth dimension and above only, please, to carry out this work to the best of everyone’s abilities.

“Any souls that may be gathered here, please now step into the Light and return home, both to meet your loved ones who have gone on before you and to further your own soul’s purpose.

“We ask that this work be carried out in peace, harmony, and most of all, in Love. Amen.

“We now invite our Guides, Teachers, and Healers to please come into the room, accompanied by Beloved Lady Portia, Saint Germain, the Angels of the Violet Fire, Lord Michael and the Angels of Power, and Archangel Raphael and the Angels of Healing & Consecration.”

Lady Portia assists with Personal Guidance and Perspectives on Freedom, Justice, & Opportunity which lead to our soul’s growth, Saint Germain counsels Humanity to restore our awareness of the Powerful Divine Presence Within and to connect fully with this, and the Angels of the Violet Fire assist with Clearing and Transmutation of all lower vibrational energies.

You may now invite into the room, or continue to work with and invoke, any of these Divine Beings or Ascended Masters that you wish to assist you. The following may give you some ideas of themes:

Archangel Michael for Strengthening, Protection, and Assistance with Removing/Preventing All Types of Interference

Archangel Raphael and the Angels of Healing & Consecration for Information and Assistance with Healing, Concentration through awareness of the Energy Center within the forehead, and Consecration to our Spiritual Paths

Chief Geronimo for Guidance on our Path and Assistance with Strengthening and Healing the Body, Mind, Emotions, and Spirit

Jeanne d’ Arc (Joan of Arc) for Strength, Determination, and Courage in Challenging Times

Jeshua ben Joseph (Jesus) for assistance with Illumination, Compassion, Love, and Healing

Kuan Yin for Mercy and Forgiveness

Mother Mary for Love, Compassion, and Healing