

“SUCCESSFULLY NAVIGATING THE CHALLENGES THAT ARE COMING”

Lady Portia, Goddess of Freedom, Justice, and Opportunity  
Addressing the Light Angels Class #66 at the Eclipse Window  
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Greetings Dear Ones,

You have indeed done well these past several of your weeks and we are extremely proud of the way you have all borne up under these challenges and unexpected events which we can see have come to each of you, to test you, to “try your metal,” as it were – and to see what you have learned lately with all that has been given, and what you are now able to accomplish in the outer world with all of this.

What has been brought to you is, quite simply, beyond your knowing! You are in the beginning stages of learning -- not only what this is, and what it can accomplish in the outer world – but what is possible for you to do for mankind, for the Earth, for all humanity, with all of this that has been brought forward – because we could spend the entire evening tonight telling you of all the changes that have been made in planet Earth, and in all of the realms which encompass Earth. This is more extensive than anything that has come upon the Earth in recent memory, and it will be known, I feel, as the greatest change that has come for Earth, because this is what is going to allow you to move – as has been said – from these levels of pain and torment and wondering, “should I turn left or right,” or for some, wondering “if I will be able to continue with all of this!”

And we know the levels that many of you have been on lately, and with much love I wish to speak to this because we know the challenges that have been facing you -- and you are not without assistance on this. There are many who come to you continually to assist you to make the changes that are necessary within yourselves and within your lives. Because this is what is going to be the greatest challenge for you now, is to keep up with the pace of change upon the Earth and to assist your bodies to integrate all of these immense energy changes that are coming upon you. And if you are not now at this point doing something in order to assist the body, I would suggest that you begin to look into taking up some program for this now, because you are in an area here where there is going to need to be some form of assistance to the bodies who wish to make the highest and best use of all of these energies that are now coming forward --because, quite simply, it is not possible for your bodies to integrate all of this without some extensive preparation being made. And we want you to stay at the top of your game with this, as you have been so far in this process. And we want to keep you at this point where you are now in your ability to integrate and to synthesize and to take all of this deeply within yourselves to the deepest levels within you – and then to learn how to use all of this, through experience. Because that is what is going to be needed, it is to experiment a little bit with what is possible now for you to do with all of these energies, because truly you do not know what you are in the midst of now.

This is the greatest change that has ever come upon mankind, and so you can see why I am telling you that you are going to need to do something in order to support your physical form in the midst of these changes – and many people are having many different things to come upon them, these challenges in the physical form, and for one it strikes in one area of the body, and for another it will be in a completely different area of the body -- so that this seems random to you. But what I'm telling you now it is that for each of you, you need to pay attention to the areas of the body where you are feeling these changes, and to be quite aware of listening and perceiving the distinct messages that are being delivered to you by this deep intelligence of the body which is working now, and working out many things which have been stored deep within all of you for eons of time. And many of you are doing this clearing work as what you would term “surrogates” for all humanity. And you have volunteered to do this – you may not have consciously been aware of this, and that is why am speaking to you about this topic this evening, it is to let you know that these are not punishments that are coming upon you, and it is not as though many of you have done anything wrong or made any mistakes to cause this to come upon you.

These manifestations in your physical form, this is something that you have volunteered to experience so that many others do not need to. This is an act of love within those of you who have -- by the grace of your countenance and the love of your hearts, as well as the level of ability on which you operate -- you have been allowed to offer the physical vehicle which you possess at this time as a surrogate for many. Many do not have the conscious knowledge about how to do these clearings or how to work with these energies, and they are quite incapable of being aware of what is going on -- on all of these levels -- and they do not know how to clear these deep levels within themselves.

YOU, one conscious being, can work miracles for many! Think of the pain and suffering that you, by your selfless service, have prevented being experienced by those who do not have the wherewithal to attend to these things, as do you. It is a gift, quite simply, of the deepest expression of love that I have seen in quite some time. And that is why I wish you to know of this – those who are experiencing physical difficulties, pain of some sort. Do not be too hard on yourselves to believe that you, perhaps have done something wrong, or in ignorance have brought this circumstance upon yourselves. For nothing could be further from the truth! And this will continue! And that is why I'm speaking to you about this, to let you know, those who may experience this type of thing -- because you all tend to be very hard on yourselves when the body is not doing well. You always go into some level of guilt or feeling that “I have made some mistake,” because the human consciousness at this time is quite programmed to always look for this level of guilt, or some circumstance where you have done something wrong.

Nothing could be further from the truth, dear ones! It is a gift, quite simply, of love, of the love of your hearts. And I have been so touched by this that I will no longer tolerate the ignorance on this subject which would cause you in some way to have ill-treatment of yourselves in the midst of everything else that may be occurring for you. I want you to know the truth about this – so that you may work with this process, you see, because it can be moderated. This is not something which you have begun and then it must run its course. If you feel that things are becoming too intense, or you have had enough of this, in many cases you can request that it be taken away. And this can be done for you, so if you are having some difficulty with the physical form, and you are having all of these symptoms which are being experienced by many now, perhaps this would be the cause of this. And we would wish you not to have

the ignorance of this fact and to be wondering what is going on. It is always better for human beings to know the process they are in and to be enlightened and knowledgeable about this. So then you know the parameters within which you are operating --and that you have some choice, that things do not need to become too intense for you, those of you who have volunteered for this process, and nearly everyone that I am speaking with about this is one of these volunteers. And so, if you are wondering, you can assume that the answer is "yes."

You have all been assembled in this place to hear these words; it is not by accident that you are here! There is a grander purpose to all of this – and it is to make you aware of the great abilities that you possess to change the world at this point in time. You are the "guinea pigs," so to speak, with this! This is an experiment for Earth, and nothing like this has ever been tried before exactly in this way – and you have volunteered for this when you came before me (on the Board of Karma), before this incarnation began. We spoke about this -- so know that from these discussions which have been fully recorded in your memory banks, you do have all of the information and the parameters of how to successfully carry this out.

Now I know that some of you do feel as though you're walking in the dark with this, you feel as though you are "feeling your way along," step-by-step, and that is why I want you to realize that, deep within your mind, you DO have the plan of this -- you do have the knowledge! You have the conscious steps and abilities to be able to carry all of this out, and I want each of you to begin to access this level of ability and knowledge and confidence – because that is what you're going to need in order to move to the highest levels with all of this.

You're going to need to trust that you DO know what you are doing here in this timeframe on Earth, and in this project that we have all initiated together. And there is much more to this than I am able to tell you this evening, but I can give you part of the picture and that is that you are going to be operating on intuition very much in the coming days and weeks and years -- if you are going to get the most out of this experience, because this is not programmed into your conscious minds, and if you're searching there, you would be looking in the wrong place!

And I tell you this because many of you do have this penchant for looking in the conscious memory banks for the information which is stored much deeper within you – and that is where you will need to be looking, within the deeper levels of your mind, and not the conscious levels of programming about how to navigate the outer world reality. Much of this would be referred to as "spiritual knowledge." So the more you can access the spiritual parts of who you are through your feeling nature, and by having the activation of the emotional body, without fear of what it contains, you see, so much the better!

And by approaching it in this way, much clearing will automatically be done --because your fear of the contents of your emotional body many times is what stores all of this deeply within you and holds it there, impervious to many of your surface attempts to eradicate these memories, these feelings.

Trust in the process of the fact that, when you have the courage to activate the energies of your emotions, that this is what is going to lead you to these deeper levels that I'm talking about, because emotions are so deeply tied to your feeling nature – which stands directly beside the deepest spiritual

layers of who you are, so that there is no reason to fear any of these materials – anything that you may come across in your transit through these areas. And if you see something that frightens you, know that these are but shadows that can be dealt with by simply turning on the Light, borne by the spiritual nature of who you are, so you see that it all works together, does it not -- for the healing of the emotions, the mind, the spirit. All the parts of you want to learn to work together, and all you need to do is to trust and stop blocking yourselves from exploring many of these deeper levels within you out of the fear of what possibly you might encounter there, because in truth there is nothing there except what you have put there!

And so it is all about simply accepting who you are, coming face-to-face, in courage, with all the parts of yourself -- and perhaps you have cut off this part because you did not agree with the programming which it contains, and another for some other critical reason. It is about learning acceptance within yourselves at this point in time, and that is some of the most valuable advice that I can give you for navigating the times that are coming upon Earth, and all of your experiences within all of this.

You do not know what is coming for you! And neither do we! This is an unknown -- and as it unfolds out of the “great beyond,” know that it is of your creation, and take control of the situation if it is not agreeable to you – but do not feel as the victim of any of this, as many of you are wont to do. These are the perspectives that are going to lead you into possession of the highest truths about yourselves, and this, in turn, is going to propel you into the levels necessary for full self-awareness, to see yourselves as you truly are, and as we see you – as “Masters in the making,” because some of you are very close to this level --and you just need a little push over the edge of some of these fears and doubts which you hold so closely to yourselves.

For many of you, doubt is the thing that is holding you back now, and I will say this to you, that you may look at this and dispel the doubts – that you may have the knowledge that lies just beyond doubt. All the barriers are falling for many of you now – and we are very proud of everything you are doing now to expand your consciousness in all directions! You are all growing by leaps and bounds -- and taking full advantage of this time that is being presented to you now – to have the knowledge, to seize the moment, to be the ones that learn how to use the opportunities presented by these extremely high frequency energies which are coming upon the Earth, and which are now living within each of you.

And you will have further instruction from us, just to keep you on your path with this, and to keep you abreast of all of these latest changes for the Earth, because the energies are changing so fast that this will be a great challenge to you to learn the proper use of the energies that have been released to Earth. And those who do not learn this will find that they are making a mess of their lives by the misuse of this energy -- and so we will be giving you instructions on this as well --because it is so important!

We want you to make the highest and best use of this lifetime – to use all of your opportunities for the highest and the best, to take advantage of the highest energies that you can reach. This is what is coming for the rest of your lives upon the Earth, and you must learn now how to adapt to extremely high frequencies of energy constantly coming onto the planet in order to have your physical health, not to mention your mental health, you see. For those to do not keep up with these energies and have to

block these in their bodies, this is what causes what you think of as physical disease. There must be the free-flowing use of these new energies that are coming, and this is going to be another level of your challenges that is going to be coming for each of you, so you see that I have spoken much about the challenges that are coming for you this evening -- but you already know the level of assistance that we bring to you. You have seen the ones that have come into this room to speak with you and to do much healing work with you, so know that you are not without a tremendous level of assistance, and we will be standing within this room and beside each of you as you are navigating these challenges. We all work together with this -- that is how it is done in Spirit!

We all choose to support each other, and you could take a page out of this book and incorporate this into your life's plan -- because the more that all of you on Earth learn how to love one another and how to support each other -- so much easier will be your transit through the years that soon shall be coming upon each of you.

We wish to see you do well through this because we have great love in our hearts for each one of you! And it is our wish to fully support each of you, and that is why we do plan to bring you much more information as each step of the plan unfolds. Know that we will be here for each of you to hold your hands, if necessary, to give encouragement and guidance as needed. But we do expect you to step forward in your strength and with your full knowing unfurled from the deepest levels within you, and to have the guidance which can only come from deep within your heart! And I would point you in this direction for the guidance which will be necessary for the successful navigation of all the exciting and splendid events which now are preparing to come unto Earth.

With great love we stand before you to give this message of hope to each of you for the successful transit of your individual path. Good evening, dear ones, and we shall take our leave of you now, for many stand with us and wish to speak -- but perhaps another time. But I will deliver one message for all of these, and it is the great love that is in their hearts for all of you, and I hope you feel this now and allow this to penetrate to the deepest levels within you -- to heal all feelings of separation or aloneness, once and for all, that you may rejoin the oneness which is truly within you.

And that is my blessing for each of you! Good evening, my dears,

I am Portia

Namaste