## "TAKE THE 'FAST TRACK' THROUGH ALL YOUR LEVELS OF DOUBT, FEAR, AND INVALIDATION"

## Star Hinman, Spiritual Channel & the Beings of Light Teleseminar Event #71 The Clearinghouse. Copyright 2012

The pace of life is increasing so much, and everything is very exciting now! The Beings of Light are bringing us many, many new opportunities -- but sometimes you have to work very hard to keep up with everything they're asking you to do – and it can be challenging to take advantage of all these new opportunities. Every time they open the door for you, you have to be organized enough to get through that doorway – and you also have to believe that you can do it!

And so, this is such a time of teaching and learning about what we, as human beings, are capable of doing on this Earth, because the Beings of Light are saying "you all tend to underestimate yourselves in your capabilities. You all have these doubts and fears, and you wonder if you're going to be capable of doing what you want to do, what we're asking you to do, what's written in your contract to do in this lifetime. And nothing could be further from the truth than all of these doubts and fears that you accumulate as human beings."

And the Beings of Light showed me a quick way to get beyond all of those doubts and fears. It works like magic! It is amazing! It is energy-related -- it speaks to your body energy. The wisdom of your body understands this – it's the body that gets so stuck in all of these doubts and fears and these programs that we've grown up with, and the traumas of being in the public school system, and all of these things! We just bring all of this with us into the present moment where, then the Beings of Light are activating all of our programming and reminding us of what we said we would do when we got here (in the body on planet Earth), and it's a really big job sometimes to get beyond this human level of all of this debris and to move into the furthest corners of where we can go to carry it just as far as we can carry it – and to know that we've done a good job with it when we get finished! And that's what we're all going to do in order to fulfill our plan on the Earth and to reach all of our goals, all of our wishes for what we would like to do in this lifetime, and what would bring us joy. And the Beings of Light are saying "and it's our job to open the door for all of you to do this, to guide you, and to have you in this present moment knowing that you can do it!"

And that's why they gave me this perspective, this shortcut through all of those doubts and fears, and this is how you do it: you just say to yourself "I believe that I can do it," and you just surrender to the process – realizing that you have all of these deeper capabilities within yourself that maybe you have never experienced, you have never tapped all of this knowledge. You don't even know what is within you! And we all just have to accept this, that we don't know all of the programs, all of the capabilities, and the knowledge that is lying just beneath the surface of all of these doubts and fears that much of the time block the way to reaching this level that we don't even realize is there!

So at this time on Earth when we are being called upon to move forward in the Light and get this done – because we are the ones who came here to do it – and not everyone on Earth is capable of doing this

because many people have gotten very mired in all of the debris, so if you are able to lift up into the Light and to do what you came here to do, you are a very valuable commodity to the Beings of Light because they are trying to activate everyone, but it's just not happening for many people, and so it is even more important for those of us that "got the memo," -- you got the message, "it's time to wake up, it's time to get to work, it's time to get it done," that NOW is the time to do that!

And then we hit these layers of doubt when we are thinking, "Well, I don't know how to do that! I know somebody's supposed to do it, but it's not me – because I don't know how to do it!" And that's why the Beings of Light are giving us this great teaching about the path THROUGH this because instead of becoming mired in the doubts, and the "what if's," and the "I don't think I can do that – I've never done that before, I don't know how to do it, how would I do that?" You see, that's what stops many people because they get mired in this quicksand of all of this mental chatter and all of the doubts, the fears, "oh I couldn't possibly do that," and your mind will trap you in this layer of dialogue about "I don't know how to do it" for as long as you will engage with it on that level because – and it's not because the mind is doing anything bad or means you any harm – but this has to do with the way the mind functions, the way the mind has information programmed into it in patterns and layers. And when you get stuck in those "loops of patterning" of reasoning, such as "I can't do it because I don't know how to do it and I don't know how to do it because I can't do it," you know, it just goes around and around and around.

And so, what the Beings of Light are wanting us to do now is to just surrender to the thought that MAYBE I DON'T KNOW EVERYTHING ABOUT MYSELF — maybe I don't know all of the talents and information that I have which is lying just beneath the surface of my consciousness — because a lot of this information is coded deep within us, and it's lying at a level within us that is below the conscious mind. It CAN come forward — if it's not blocked by all of this mind chatter and all of these doubts. But you have to trust! You have to just say, "I'm going to do this! I don't know exactly how I'm going to do it, but I know that I know how to do this." And you just let it be — you just let all of this stuff be there — and you don't fight with all of those thoughts about, "oh I couldn't possibly do that." You just surrender to the larger process. (And I'm not saying to surrender to all of those thoughts in your mind that you can't do it. I'm saying to surrender to this HUGE PLAN that is in place for all of us and for the Earth — and for what we're going to do for the Earth. That's what we need to surrender to!

Because when we stopped fighting, and struggling, and being in fear – worried about whether we can do this or not – everything else just falls into place, as if by magic. And then you start to find out what you can really do when you are just here, in the moment, and you hold the intention to BE HERE NOW, and to do whatever is for the highest good of all – and then your work gets done – just like magic, because it is the magic of your soul at work that is allowed to come forward. All these parts of you that have this knowledge and KNOW how to do whatever you came here to do – when we stop fighting at this conscious level of our minds, and just stop all of that and be at peace, then these lower, latent, dormant levels of who we are can be activated by our intention to DO what we came here to do! And you will find that you are just doing things that you "don't know how to do" – you will just DO it, if the mind will just be quiet for a moment and OBSERVE what we -- as a soul presence -- know how to do on the Earth right now.

And the Beings of Light are saying that "This is such a powerful teaching, we want to make sure that you ALL HEAR THIS and 'get it' on a deep, deep level – because it is SO SIMPLE to surrender to the idea that you DO know how to do it! You DO know what you came here to do, and you DO know how to carry it out, and you WILL do it! So use that Divine Will coming through the throat center to say 'I WILL DO IT!' – And mean it! Then nothing can stop you, from that point onwards when you activate that energy within you of the Divine Will that comes through the throat center and activates everything within you that said you would be here now, carrying out your part of the plan – and DOING what you came here to do." So we need not be dissuaded by the mind chatter that remembers what happened in the third grade and really took that to heart. You know, a lot of us got wounded and hurt by many, many things that have happened in our past, but that does not need to be important anymore!

The Beings of Light are saying that "these are such small, insignificant occurrences compared with the power and grace of your soul's presence, standing here before us now and willing to do the work that is necessary to rebuild Earth into the Shining Star that she was meant to be, and to lift her up out of the energies of the Fall of Man, and to have the full resurrection into this Divine Splendor for ALL mankind," raising us back up into the fifth dimensional frequencies of peace, love, the oneness of all things, joy, and freedom, liberty, and your Divine right to live as a free human being on this Earth.

"And all of this is coming true now! But it's going to take some work on your part," the Beings of Light are saying. "This is not going to happen overnight – we wish it would! We wish everything could be easy for you from this point onwards, because you really deserve it. You've worked very hard to come to this point, and we wish we could just wave a magic wand and take away all of the debris that still needs to be transmuted, and to raise all humankind up into this unity consciousness where they realize that everything they do affects everyone else on the Earth. And (humorously, they are saying) we are working on this! We are working on learning how to use our 'magic wand!' But we want you to realize that YOU'RE THE ONES who have the magic wands on Earth! And the 'magic wand' is the information that we just gave you!"

"Every thought that you think is so powerful --and goes out in a ripple effect -- as when you drop a pebble into a still lake, and it affects everything else on Earth -- so we want you to realize this -- we want you to realize the immense power of your mind to change the Earth and to heal all mankind. You are powerful beyond your knowing! Be aware of what is coming to you to do upon the Earth for your fellow human beings and for all life, as they are depending on you to remember what you came here to do, to remember the job that you said you would do when you got here, to Earth!"

So forget about the third grade and everything that happened in elementary school, junior high, high school – just forget about it, because the Beings of Light have bigger plans for us, and they want to put us to work on the LEVEL that they know we can successfully operate on. And they're going to work very hard to lift all of us up into the recognition and remembrance of the gifts that we have, and what we said we would do when we got here to assist the Earth, and they want to bring us into the conscious knowledge of it – so that our personality and ego can learn to accept this gracefully, as these <u>deeper</u>

parts of ourselves emerge – the ones that are stepping forward even now to accept the invitation to change the Earth, to accept your power, to accept the downloads of <u>your</u> knowledge -- of how you're going to bring all of this about!

"It doesn't matter what you think you're capable of doing!" The Beings of Light are saying. "IT ONLY MATTERS THAT YOU TRUST, that you trust us to bring you the gifts, the knowledge, the power, the opportunity – and to open the door before you, so that all you have to do is step through – to see a new world being created on the Earth – and to carry all of your gifts through that doorway so that you can give them to your fellow human beings!

"This is the gift! This is the moment when we are asking you to be aware of all that you said that you would do, and to bring it into this moment, into this Sacred Space, for the benefit of all. It's very simple what we're asking you to do – to remember who you are and what you came here to do you!

"Blessings to all of you, our Light goes with you and shines through your eyes to all humanity!

"Our Power extends through your hands to make the great changes on Earth and to BE the Will of Creator made manifest on the Earth.

"The great Love of Our Hearts comes through your heart to bless all mankind!

"Know that these gifts are given in the absolute Peace of Jeshua Ben Joseph, his Twin Flame Mary Magdalene, Mother Mary, and all of us who stand with you now, the Pleiadian Council of Light, Lady Portia, Saint Germain, all these Beings of the Light, we all stand with you now and support you in ALL that you are doing -- so KNOW this -- and in this knowledge, be at peace.

"Adieu, Beloveds"

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