"FREEDOM IS A CHOICE WE MAKE EVERY DAY!"

Nelson Mandela

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My message to those of you who remain on the Earth is that freedom is a choice we consciously make every day, not to be bound by the chains of hatred and fear of our fellow human beings – but to rise above this, through the conscious use of our free will, to choose peace – to choose love and unity of purpose!

This is the force – stronger than hatred – which will unify people into strong nations, and unify the nations into ONE WORLD – one consciousness of PEACE.

This is my heritage and my legacy on the Earth – to leave in your minds and hearts the <u>image</u> of how to do this – how to accomplish this goal for humanity – to stop the wars, to stop the killing of man by man – to stop the endless fighting and the destruction of your world by those who have not yet learned the great lesson of the power of freedom, and its handmaiden, love!

Freedom is a choice we make, in the face of all oppression, as the man Jesus has demonstrated to us while He was on the Earth – to love those who revile and persecute us, lest we become like them through our hatred and bitterness. I was not a perfect man -- I never claimed to be perfect! I <u>was</u> in hatred of my captors, but I soon learned the error of my ways, as I found myself in the prison which I had created within myself – and, believe me, the inner prison is a much worse prison than outer walls and restraints.

So I learned that I could take control of my INNER world through learning to create what I wanted and what I chose to create in my thoughts and emotions. The inner world is the sanctuary of man, which no power on earth can change – once you have realized your INNER POWER OF CHOICE – the choice of how you will respond to all outer conditions.

The world thought that I was imprisoned on Robben Island for 27 years, but that was the outer perception of the situation! In reality, through this experience, my captors gave me the greatest gift — because I realized what TRUE freedom is! In this "Crucible of Fire" I was transformed! We create, as we are able to create, the state of true freedom within us by the choices that we make every day — not to allow fear or anger, or any of the other negative emotions, to control us! It is by concentrating on, and cultivating, a love within our hearts that we can overcome these things. It takes time and diligence!

We have the opportunity to choose a state of freedom for ourselves -- to be free of all that would bind or control us within ourselves – because all of these things are states of mind within us. It is all perspective -- and the choices that we make every day -- to be free or to allow ourselves to be controlled by what is within us. Freedom is a state of mind that we create every day when we are

willing to let go of everything that would control or bind us in any way. Freedom is a choice we make every day!

During my time on Robben Island I learned not to let anger or fear be the controlling forces in my life, and I wish to bring this message once again to the world. Now that I have passed from Earthly life, I can see even more of a perspective on this – that as we release these emotions which bind us to one perspective, we are free to see the unity of life and to love one another.

Let go! Let go of all that binds you, if you want to be free! Anger and fear are the great prisons of the human consciousness!

There are some very great spiritual teachers of these principles with you now in the heaven realms who say they will continue to support each of you on the Path to Freedom! And, as you make the choice and make your commitment to learn this way of thinking, feeling, and BEING, no power on earth shall EVER be able to control you again!

FREEDOM TO ALL! FREEDOM TO THE EARTH! I have done my Earthly work towards this goal – and now I leave this in the hands and hearts of all of you – who WILL carry this forward, through the application of your intelligence, your strength, and your love.

Mandela

Star's note:

As Lady Portia and Saint Germain have also pointed out to us, it is our CHOICES in response to outer world conditions which create our "Point of Power!" By learning to RESPOND, and not react to outer events, we claim and demonstrate our power of choice.

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