#### "THE PATH TO ASCENSION"

#### **Count St. Germain**

# Star Hinman, Spiritual Messenger for Lady Portia and the Ascended Masters Copyright 2016

#### Channel's Note:

This is a channeled message from Count St. Germain, given at a live channeling event, which contains valuable information and perspectives for all of us on Earth in this "Age of Enlightenment." We have such opportunities now for raising our vibration and consciousness into the higher frequencies of the fifth dimensional, or heavenly realm, energies. This level of awareness supports the creation of a new reality which is based on the paradigms of peace, love, oneness, abundance, and perfect health.

This information was given by Count St. Germain when we asked the important question of how Joan of Arc managed to create and hold her unbreakable connection to the Beings of Light in the ascended realms, so that, even in the midst of scenes of violence in battle, she was able to receive guidance from Archangel Michael, Jeshua, Mother Mary, and the other heavenly beings who were assisting and guiding her.

Perhaps we can learn from the example set by Joan of Arc, and replicate this process of ascension into divine consciousness, so that we can all create our own unbreakable connection with the Beings of Light in the ascended realms. In this way, we can receive the valuable guidance and assistance which is constantly being offered to humanity from the Ascended Ones in the higher realms of consciousness. This is the information that can help us to avoid feeling that we are alone or helpless in the face of the many challenging circumstances that we are facing on the Earth now, which are often outpicturing scenes of hatred and violence, lack and limitation, poverty consciousness, or isolation.

This information outlines "the path to ascension" which has been followed by many of these beautiful Beings of Light such as Count St. Germain and Joan of Arc. With much love he shares with us now this process of raising our consciousness into a state of enlightenment in the hope that this may provide humanity with a clear path to ascension into divine consciousness so that we may all connect with our higher selves and be prepared to do the important work that we have come here to do in this "Age of Enlightenment" -- when we, the Lightworkers, are assisting the Earth and all her life to ascend into the higher levels of consciousness of the New Golden Age of Peace which is now dawning on the Earth.

The Beings of Light wish everyone to know that we are all constantly receiving their highest levels of guidance and assistance at this pivotal time on the Earth.

### **Channeled material begins - Count St. Germain:**

Peace be with you, beautiful ones. This is Count St. Germain coming to you now, with much pertinent information. Truly, the time of testing is coming for all of you, because this is how you learn, is it not? It is through using, in a conscious, controlled way, the immense power that is coming through each one of you now because of the work that you have done in your lives, indeed through this entire lifetime.

We're coming to you now to instruct you further in how to be aware of the great power that is within you when you consciously align with the higher forces, the divine force within each one of you -- because this is sometimes overlooked, and quite often so, by human beings who think that they must simply utilize only their own power and abilities when we are standing so close by and will gladly assist with the addition and infusion of our energies within you, if you will but say the word and allow us to have the opportunity to make great shifts and changes in your energies – and, therefore, in your lives.

The time is coming, and not only for all of you, but for all the earth as well—a time of great testing -- where you simply try to be the little versions of yourselves struggling along, feeling lost and dejected and overwhelmed and overcome with what you often define as these larger forces that come into your lives and come onto your planet and affect the earth and all of you. You see, you will be dealing with some very large energies which will be coming to earth with the intention of teaching humanity to use these very high abilities. You have to combine with other intelligences and to summon their energies towards you and to be a focal point for summoning and directing this higher intelligence on the earth to accomplish many things.

This is only just the beginning of what is going to be a great process of learning for humanity, and as you move into the next centuries this will be well-known. It will be a much-used way of constructing things and indeed bringing into manifestation many things, because, you see, this is the beginning of learning this process of manifestation, and, of course, precipitation is a part of that process, but not the entirety of it.

And so, humanity is on the cusp—as we speak—of this light coming into your consciousness where you realize that, when you are just "operating under your own steam," so to speak, that you are, as it might be said, only operating on a few of your cylinders, to use the very interesting wording, which you all understand. And so, what we have been focusing on doing with you this evening is expanding your consciousness beyond what you consider to be your individual energies and abilities. Know that when you open up beyond this point and call on

the higher realms, you become a part of the higher realm intelligence and energy, because you allow it to flow into your physical bodies.

## On the Subject of Jeanne d'Arc (Joan of Arc):

And so, it is this merging and this melding, as Jeanne, Joan of Arc, knew how to do. She was adept at this process of invocation of the higher realm energies, and she knew instinctively and intuitively how to set aside her human consciousness and to become ONE with the higher realms. And this, indeed, was the source of her great power and ability that you know about so well. And she would be the first to say that she did not claim these powers and energies as her own, but attributed all of these miracles to God, as she spoke of it, and she accomplished these things through the higher mind, you see, which she used very well.

All of this is done through the higher mind consciousness, which you are all beginning to be able to use in order to invoke this very powerful stream of energy and divine consciousness. Realize that this is not only energy! It is divine mind consciousness, which rules and directs the use, the focus, the effect of these immense energies. And it is no small feat for one to learn the level of control of these higher forces, as she did and has done.

And so she continues to do this, of course, because you do not have to be in physical form to call forth these energies. And through the process of invocation of divine mind, and becoming at one with divine mind, it is possible to command tremendous cosmic forces of energies. And she did have the purity of soul and spirit to be allowed to command these extremely high levels of cosmic power and ability.

And this is, in many ways, what she was designed and prepared to do. She was intensively instructed on these matters in the higher realms before ever she was allowed to incarnate on the earth. And so, she had experienced these immense periods of learning in "the school rooms of the higher learning." She was prepared for very long periods of time in this way so that, when she came onto the earth, she was able to know instinctively how to hold this focus of the heart and mind, the will, and the entire focus of the human being on becoming ONE with divine consciousness, power and ability.

This, in a nutshell, is how she was able to do many of the things that she did. Now, of course, there was much other learning, in which she had been instructed. There were many of these other things – such as warfare, the earthly forms of warfare—before she ever came onto the earth. So, you see, she had received extensive preparation in all of this material.

But you see, I'm giving this to you as an example of how you have all had this preparation individually before you ever were allowed to incarnate into this time-frame – because this is such an important lifetime for all of you. And it is such a unique time to be incarnate and alive on the earth. This is not a lifetime to waste, and so that is why you are prepared, and we wish you to focus your consciousness on knowing the vast preparation that you have all had before coming here and having this opportunity to experience, as it is often termed, "the school rooms of learning." And it IS a school room, is it not? You clearly understand this, because you have been speaking this evening about many of the challenges which human beings face in "being human" on the earth.

## **Blending the Human and Divine**

And never forget, dearest ones, that you are indeed human beings on the earth. Do not try to be too perfect, because that will defeat your purpose of being a human being and having the human experience, as I often had to learn. And I was often reminded of this by my many spiritual teachers – very often in fact! I was a slow learner on this point, I can tell you, and I will openly confess it here and now! But eventually I did learn this and was able to move into higher levels of the adept instruction which included learning how to command energies.

This is done through the process of becoming one with the divinity, the divine spark of the godhead energies and abilities, that are within you. And when you breathe this spark into life, as she [Jeanne] did, it changes your energy in ways that you cannot imagine. You become, indeed, more than human – because you are a part of the divine — with all of the abilities and the knowledge and the energies that this entails. And you are this interesting blending of consciousness, because, yes, while you're on the earth you retain the human form and all that this entails in the way of personality, will, and ego – and all of these things that go into the process of making you human.

And so, you must not fight with these things, as often people have done -- for example, to denigrate the human ego and to think that it is a bad thing to have a human ego. It is not only not bad; it is very beneficial to learn how to work with the levels of human will, which entails the human ego and all of the attendant emotions, which spring from all of these areas within the human being.

# The Dance of Energies

And it is a dance of energies, is it not, when you are fully human and you are able to experience the myriad levels of intelligence and the exquisite energies which exist within the human being who is aware of that spark of divine light, which is constantly within you. But some learn how to fan the spark into a flame and others do not.

But this is the focus of all of you. And you are doing very well with this. It is this process of breathing the eternal flame of life into a bigger flame every day of your lives, to be feeding this flame of your divine consciousness and not to be limited to the levels of human emotion and desire for ego gratification. Because when the little ego is winning the battle, it distorts your ability to be the greater flame that is within you, and you are all learning this now. This is something that you are all studying and becoming quite adept at, and it is this process of working out this dance between the human needs and the human wants, and this other part of yourselves that is the spiritual equivalent of God and has all of the divine intelligence, all of the qualities that you attribute to the Godhead energies.

And so you are, shall I say, becoming the larger equivalence of your personality, your ego, and your human abilities. All levels of yourselves are expanding as you learn to invoke, yes to invoke and to use this higher consciousness which often comes and whispers in your ear. But do you listen? Unfortunately, many do not, because many people become so enamored of the human experience that they are quite caught up in this process of the solar plexus energies, the third chakra—the wars of will and desire.

And so, you are a rainbow dance of energies, and you can choose through divine mind to be the higher equivalent of the energies that you possess. And this is what I would recommend to you at the present time, and this is the level of instruction that we are, as well, giving to you in the higher realms. The purpose of this is to bring this material forward in your consciousness while you're yet upon the earth, to endeavor to bring forward in your mind, in your awareness, in your emotions, the divine qualities of this spark of the Godhead energies which exists within you.

But how does one turn the spark into a flame? That is the eternal question that I get from humanity! It is: "How did you manage to turn the spark into the flame of divine consciousness and become an Ascended Master?" And it is a many-faceted answer that I give. Because this is a course of study of which I availed myself, which is given to those who seek and are sincere on the path of wishing to learn to be more than the limited consciousness that perhaps they have known. And the way is open before all of you, I can tell you this. None of you are experiencing at the present time any limitations in your consciousness, in your abilities in this way, that are not easily able to be overcome.

## **Challenges and Tests:**

"Stay in the higher mind awareness and do not allow yourselves on any account to be pulled into competition or fear or worries about your level of ability." And I tell you this so that you will know how to approach these challenges, these things—they happen for everyone in their lives. I'm not saying that you are all coming into this time of great trouble and travail, but there will be certain challenges because, yes, we do the testing from time to time to ascertain who is ready to move forward to the higher levels of instruction. And I will give you the warning now that this time is coming for each of you.

So you will be receiving these tests, and perhaps my words may be some preparation for your mental state to be focused on using all of your wherewithal, shall we say, in order to address in a positive way, the many challenges that are going to be coming for you. Because this will not be an easy thing; I will tell you that quite bluntly because none of you are beginners on the path. Were you beginners, the tests would be easier, and this is a very easy point of logic to comprehend. And, you see, it is indeed a compliment that this will be some extensive testing for some of you, and that is why we have been giving some preliminary information this evening to, you might say, point you in the direction where you will be most effective in learning the higher use of your consciousness and not allowing yourself to be pulled down into the lower emotions of competition or wishing to have your will exerted over another person, and all of these types of things.

Because many times this is so attractive to a human being that they fall easy prey to this type of thing. And you are all well beyond this point, but not totally clear of the ability to be snared in your consciousness by some of these things and have your progress retarded in this way. But you will need to be quite aware. You will need to have a razor's edge on your consciousness in order to see correctly the challenges that are coming and to prepare yourselves to deal with this from the highest levels of your abilities.

And this is the perspective that I would recommend to all of you—to stay in the higher mind awareness and not allow yourselves on any account to be pulled into competition or fear or worry about your levels of abilities, because truthfully you are all well beyond any need to be concerned in this way about these things. I am just trying to give you a little pep talk here to point all of you in the right direction to keep your consciousness focused in a way where you are above the levels of these tricks and snares, so to speak. And so, if you will remember what has been said here this evening, you will, I believe be much better off for it. You will certainly be much better prepared than when you entered this door to the room this evening.

And we will be having quite a lot more to say about this because it is a very important and timely subject to be addressing with all of you. But you will have to be studying. This is going to require constant self-analysis, awareness, focus on the goals, and not to be in any way relenting in your focus—this laser-like focus of your mind on the goal at hand, and that is, in all accounts, to stay above the fray of human will and ego machinations.

So, that would be my word to you this evening, and I am intending to give you a distillation of some of the knowledge that I found to be in fact most helpful to myself as well as to Lady Portia in her progress through some of these things. And I'm sure she will be speaking to you as well with some very important and interesting perspectives, which perhaps may be of assistance to you and perhaps not. We will see about that at a later time.

Good evening to all of you. We have, as always, greatly enjoyed being with you for these moments in your time.

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