

**GUARD YOUR DIVINE CONSCIOUSNESS**  
**Including an Invocation of the Violet Transmuting Flame**

**Lady Portia and Count St. Germain**

**Star Hinman, Spiritual Messenger for  
Lady Portia & The Ascended Masters**

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**Lady Portia's Live Channeling at an Event:**

Greetings my dears,

You are making much progress in your use of the Violet Flame, and don't be shy about calling forth the energy of it, and actively using this -- because all the students certainly deserve the benefit of this Sacred Flame in response to all that you have done to further the activities of the light! We will be assisting you with this meditation (given at the end of this message), and, of course, we have many Ascended Masters and Angelic Beings of the 7<sup>th</sup> Ray who will always be with you to get you started in this and to teach you more of the finer points, the truly esoteric uses of this meditation.

You are just in the beginning stages of using this meditation, as it has been given, because there is a lot more that can be added to it, as well. In time, we will be giving you more "chapters of the book," so to speak, that you can be writing on this subject. There is so much information that is needed now to be communicated to the populace about the availability of the answer to what many people are seeking, because they are being confronted daily with so much negativity, until many people are quite overrun with this, as we are sure you have noticed.

It is very unfortunate to see the number of people that are actually taking their lives now and refusing to stay further on the earth, because of all of this activity of the dark forces that they see coming forth now. And they certainly need to know that there is not only an answer to this, to instantly consume these energies, but also the vast protection which is afforded by the Flame. And I can tell you that you are all truly just in the beginning stages of the knowledge that we will be teaching you about how to draw forth even the finer, higher essences of this Flame, and how to anchor it permanently in the Three-Fold Flame of the heart, as you have been discussing.

You are right on track with all of this information, because that is what we want to see now among humanity, because you are having to deal with all of this vast effluvium which seems to be coming forth from hitherto unknown sources, shall we say. But do not worry about any of this, because there are forces upon the earth which people are not aware of, even at this time, which are very capable of dealing with all of these dark energies which are now being revealed

upon the earth. And so, the picture is not as many people think it is, that the earth is in some dire danger or that humanity is in peril from any of these hitherto unknown sources or “powers” of these dark energies.

More of this type of information is going to be revealed very shortly, we believe, in your mass media, and all types of communication sources. This is going to start coming out about how you are in some danger from this, or you are “in peril” from that. Know that all of this is designed to put humanity into a state of fear, you see, because when you are in fear, it is very difficult for people to use their inherent power, and the free operation of your system, in order to BE the light on earth that you were designed to be. And so, things are going to get very interesting in the year of 2019, I believe, with all of these attempts that will be made to influence the consciousness of humanity to believe that there is some great danger sweeping the earth, and giving the information that you should be very afraid of this or that.

So, you will have to be quite aware of this type of thing, and watch for the appearance of this material, because it will be coming forth very strongly in one way, but in another way, you see, you have this subliminal level of the message that “there is danger at hand.” And so, you will have to watch this quite a bit, because you are going to be bombarded with this type of information and energy!

All humanity is going to be bombarded by these types of messages, because of the well-known effect of disempowerment that this type of thing can have within unwary humanity – who fall victim to this type of thing, and allow this type of messaging to control their system. Actually, you are all too far along in your development to fall for this type of thing, I am sure. But I am just giving you this information so that you will not be shocked when you see this message “coming out of left field,” because where people get in trouble with this type of thing is out of curiosity – human curiosity!

You have a very strong penchant for wanting to know about things like this that “appear out of nowhere.” They have a mysterious element, and so, often they capture the attention of human beings through this “darkly sinister threat” which has mysteriously come from unknown sources and unknown realms, you see. So you will have to watch this level of human curiosity about this type of thing, because that is where human beings most often get entangled in this dark energy. And, of course, that is the *modus operandi*, I would say, of these intelligences which are operating very much behind-the-scenes with this type of thing.

First, they try to capture your attention! And if they can get the focus of your attention on this type of material, then they have entrance into your system in a certain way. And I have never spoken about this before to you, but it is time for you to have some understanding of this situation, because, truthfully this is going to be the main challenge to the higher consciousness that many people have developed through some very hard work up to this point.

Once you are warned about this, and you know what is getting ready to happen, I feel that it will be much easier for you to adequately and intelligently deal with this type of information flow -- which is going to be coming forward from your news media and any other sources that they can find to put this out before the consciousness of humanity, because it is going to be quite destructive to many people, and I can tell you that!

We can already see the beginnings of this type of thing happening in other countries – not so much here in this country, as of yet. But it is only a matter of time before these “voices” and these intelligences become active in the United States, and then you will be feeling the effects of this type of thing. You will have it presented to you. Whether or not you “take the bait,” that is another question. And so, we are trying to get the word out to as many people as possible – warning about the efforts that will be made to influence human consciousness through the intrusion of these darkly manipulated energies. It is their purpose to intrude this type of material onto human consciousness and to take possession of a part of your energy.

We have seen this game played before many times! Sometimes they have been successful, and other times the citizens have been forewarned by ones such as ourselves, or some other, and there has been success in fighting off this intrusion into consciousness – this attempt to gain entry into human consciousness for the dark purpose of usurping your own “energy base” within yourself. And this is a serious situation when it happens to unsuspecting and untaught people who have no adequate defense against this type of thing. We are not worried about any of you, our students, because you are too far along the path of knowledge to be seriously swayed by this type of thing. But I do feel a warning is in order, so that they do not even gain the slightest foothold within your consciousness – within your “energy field,” as you like to say.

This is a very insidious energy – so that the slightest focus of unguarded attention on this subject matter can act as a conduit for these energies to literally “stage an invasion” of your system. And so, this can be a serious situation on earth, and we are not sure at this time how this is going to play out. This is the latest attempt by the dark forces who are “fighting tooth and nail” to maintain their position of power over humanity.

I don’t often give you such a blunt directive on things such as this, but you are far enough along the path now not to dissolve into fear over things like this. You know how to handle yourselves in situations such as this, so I can speak directly to you in ways that I would not employ when speaking with other populations, you see. But I feel that, with this message, you will have the “firewall” that you need against these energies, so that they will not find a foothold within your consciousness to bother you any further with this type of thing. These beings are vastly intelligent, and when they see that they have been rebuffed, often they do not bother the person any further.

And so, this is just the latest message from “these two,” as you say, (Lady Portia and Count St. Germain), who do our best to entertain humanity with some of these stories from “beyond the veil.” Hopefully, you will find these things interesting from an intellectual as well as an

emotional standpoint. You do not need to be too concerned about it, because these things have a way of working themselves out, and I expect that this one will, as well. I do not see this becoming a serious situation across the globe or anything of this sort. But this strategy will be tried in certain countries, and in certain areas where these dark energies feel that they can gain a foothold in the consciousness of the population at large.

You will be seeing this happening if you watch your news. Now that you have this information, you will be able to spot this type of material as it emerges in your news media, and perhaps they will be reporting on what is happening in some other country, and you will say “Aha! There it is! There is what Portia was speaking about to us.” And so, yes, use the Violet Flame technology that you are becoming so well acquainted with now, because that is indeed the highest and best response to anything of this nature. The correct response is not to react to it on an intellectual basis, or an emotional basis – but to respond from the highest levels of your knowledge, which is the Invocation of the Violet Flame, in order to instantly shatter and consume all of these materials wherever they are located! And that is exactly what we would recommend to you.

Count St. Germain is becoming very active in speaking with many individuals about this, as well as some governments, in order to bring this information forward. Because, yes, we do have contacts in some governments. You would be surprised to hear this, I’m sure! But yes, we do, fortunately. And so, he is “on a campaign” at the present time, and he is exceedingly busy with this project: to advise many of those with whom he is in contact about the developing nature of this dark energy activity, which will be more visible in several months going into your year of 2019.

But you don’t need to be too concerned about this. It is not going to affect any of you, I do not feel, because you do have your firewall of this recent material that we have brought forth about the use of the Violet Flame, and that is one reason that we have chosen this timing to speak with all of you and to get you onto the subject of this interest in the Flame. It is because this is exactly the correct response to this type of activity.

I’m sure you know the popular saying, “forewarned is forearmed.” Now you certainly have had both of those, you see. You have been forewarned with this message, and forearmed with the Violet Flame, and so I do not think that you need to be too concerned about this, but do watch this situation and see what happens, because you will learn some valuable information by watching the way these things progress through the consciousness of humanity – from governments, to the press, to what is spoken over the airways, or written in periodicals.

You will see what comes of this, I should say. And so, perhaps you will learn some valuable information, just by observing this type of activity -- and these attempts at control and manipulation by these entities. And the source of some of this activity is “off planet intelligence,” in fact, most of it is, and the purpose of this is to “invade the consciousness,” I would say, of some among humanity.

Suggestion is a very powerful thing, when used by beings such as this! They know how to use subtle suggestion to invade and control consciousness – more than you know! And you have all been unwitting victims of some levels of this activity through your news media, and even through these constant television commercials trying to convince you that you are ill of some disease and need their medicine, you see.

It is all subtle mental suggestion! And so, this is a good topic for all of you to study, so that you are aware of this. I expect that you will learn quite a bit from the observation of it, if you watch this closely over the next several months. And if you do pay attention to this, you will learn quite a bit about how these levels of intelligence function – and that would not be a bad thing to know! Because they will be operating on the earth for quite some time to come, and you will see more of this type of activity. This is certainly not the last of it that you will see, unfortunately!

But the good news is that humanity is learning – every day – how to respond to aggressive mental suggestion in new and more effective ways. Through this process, you are learning, you are becoming much harder to manipulate and to “steer” – like a herd of cattle – to steer you where they want you to go! And we are very glad to see this, because this has been a very painful thing to watch, as it occurred upon the earth for a very long time. But now, humanity is waking up in new, novel, and unexpected ways – so that you are not quite so easy to manipulate!

And this is a vast surprise to some of these entities who cannot ascertain exactly what has changed! They know that you are different – not quite so easy to manipulate – but they cannot identify exactly what it is that has enabled this change. And that is because they are so divorced from any concept of spirituality that they cannot see the spirituality that is growing daily within the human heart! This is beautiful for us to recognize, because we have fought for this for a very long time on the earth – to get you to the place where you are thinking for yourselves, and you are not like a herd of cattle that can be rounded up and driven down the chute to slaughter!

I am speaking very directly to you today, because I believe you are ready to hear this type of material -- because now, you see, you have in hand what we all consider to be, not only an adequate defense, but a quite effective deterrent against this type of thing. The Sacred Fire of Freedom's Flame is able to eradicate it from human consciousness quite effectively. And so, that is why we are teaching you, and that is why you are such good students – learning about the Flame. And it is sufficient to protect you against all such attempts at intrusion into your consciousness.

So keep this in mind as you travel through your year of 2019, which is indeed going to be one of the most interesting that you have had so far upon the earth! And we look forward very much to continuing the journey with all of our students. You are doing very well in your studies, so continue!

Our blessings to all of you,

Namaste

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## **Information Regarding the Violet Transmuting Flame Compiled by Star Hinman**

This Sacred Fire is a Divine Activity of Light, emanating from the 7<sup>th</sup> Ray of Perfection, which has been the predominant Ray active on the earth, during the current approximately 2,600-year cycle of what is known as the Precession of the Equinoxes. This era has been referred to as “The Age of Aquarius,” which had its beginning in the year 1954, according to information from the Spiritual Hierarchy included in the book, “The Gnosis and the Law,” compiled by Tellis Papastavro.

The Sacred Flame has been considered by many in the spiritual realms to be the “last, best hope” for the salvation of humanity and the earth, after what has been referred to as “The Fall from Grace” of humanity, which occurred approximately six and one-half million years ago. (See the article “Legends of the Earth” on the Articles page of our website at <http://starbird1.net> for the full story of the causes and effects of this event.)

This Ray of Sacred Fire was anchored within the energies of earth, to make it available for the benefit and use of all humanity, by Count St. Germain, who lovingly refused his Ascension, and instead chose to repeatedly incarnate on the earth for this Divine Purpose and Mission, which he completed – through Divine Victorious Accomplishment.

Now this Sacred Flame is freely available to all people, without regard to race, creed, or national origin. No special words or activities are necessary to call it forth for humanity’s use in clearing the four lower bodies (physical, etheric/spiritual, mental, and emotional) of the accumulations of the heavy, misqualified energies which still exist on earth, and affect all human beings – except those who have achieved their Ascension, yet remain on the planet in order to be of service and assistance to the earth and all her life.

In the following material, Count St. Germain gives words and information which you may use as an Invocation, to draw forth a Ray of the Sacred Flame from the Ascended Realms, in order to remove these misqualified energies from your four lower bodies, in preparation for your own Ascension to the Light.

If you wish, you may additionally call for the assistance of the Beings who serve on the 7<sup>th</sup> Ray of Divine Perfection, and they will assist you as well. These would be the Elohim, Mighty Arcturus and Lady Diana, also the Archangels of the 7<sup>th</sup> Ray, Beloved Zadkiel and Holy Amethyst,

as well as The Angels of the Violet Flame, and, of course, the Co-Directors of the 7<sup>th</sup> Ray, Count St. Germain, and Lady Portia.

Once you become familiar with this information, you will be able to do these exercises in a very short amount of time. It is not meant to be a lengthy or laborious process, according to Count St. Germain. And you do not have to repeat all the words each time, once you know the process. You will learn to use the power of your intention in order to accomplish what is described here.

Note: Before you begin any Invocation of the Light, it is helpful to QUIET YOUR MIND and FOCUS with the FULL POWER OF YOUR ATTENTION.

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## **The Invocation and Application of the Violet Transmuting Flame By Count St. Germain**

First of all, realize that this Violet Flame is drawn forth from the Heart of Divinity as a Sacred Ray, through the magnetism of your Intention, which is directed by the Divine Intelligence of the Three-Fold Flame within your Heart. This Three-Fold Flame contains the Eternal Imprint of your Divinity, and, as such, maintains and conveys your God-Given Authority in human form, as a Being of Divine Creation.

Call it forth, dearest ones, and direct it to blaze into a powerful Flame of Sacred Violet Fire, blazing nine feet around you in all directions. Have it blaze in, through, and around every cell, atom, and electron of your four lower bodies: physical, etheric/spiritual, mental, and emotional. Create your strong intention that it is immediately consuming all material that consists of lower vibrational frequencies. If you are aware of any specific thoughtform holding the lower energies that you wish to eliminate, you may use the command, "Shatter and consume ALL that is not aligned with and acting for my Highest Good!"

You may also stand and raise your hands over your head, while you call upon your I AM presence, and my own humble self, to qualify your hands with the Violet Fire. In this way, your hands become blazing Flames of Sacred Fire. Then use your arms and hands to make sweeping motions over and through your entire auric field, and all around your physical body, as though you were sweeping a heavy, dark substance from yourself. For, indeed, this is exactly what you are doing! Those of you who perceive through the benefit of finer sight will observe that you are removing a dark, heavy substance from your body and auric field, and casting it off -- into the Violet Flame, as you shake it off your hands. Be assured that all this material is immediately etherealized into a neutral substance, as it is consumed by the Flame. The energies of this neutral substance are then re-absorbed within your auric field.

Continue this activity, covering all the areas, over and through your auric field, and over the entire surface of the body. Repeat this activity three times in succession, and each time you will see that the material you are removing becomes a lighter shade of grey, until it is entirely removed. This process only takes a few minutes, and it is best to repeat this activity three times daily. It is especially effective upon arising in the morning, and before going to bed at night. It is better to have the rhythmic use of the Flame during shorter periods, rather than to stay with it for prolonged periods of time.

I have given this, and similar instructions, to the students many times throughout the years, and those who have maintained the consistent use of it have had great benefit in their process of Ascension. For this is the purpose of the Violet Flame, to prepare humanity for their Ascension to the Light – to claim their Divine and Eternal Freedom! Peace to all of you on the earth, and may you be Divinely Guided in all that you do! Our blessings and love to all of you!

I AM Count St. Germain

*Channel's Note: It is most effective to have the rhythmic Invocation of the Flame several times during the day. It has been described by the Spiritual Hierarchy that if the flame is lovingly drawn forth often enough, perhaps hourly, as by the devotees in a temple setting, that it is possible to invoke the presence of a Flame which is visible to physical sight.*

*This is reported to have been the case in The Temple of Purification which was a Temple of the Violet Flame in ancient Atlantis, where the Flame was visible for a thousand miles. This Temple was established through the devotion of Archangel Zadkiel, who guards and protects the powers of Invocation and the Sacred Fire of the Violet Transmuting Flame.*

*The Elohim of the 7<sup>th</sup> Ray (the Builders of Form), the Angels of the 7<sup>th</sup> Ray, Devas, and certain members of the human race, assisted in the construction of this beautiful Temple – formed of pure amethyst stone, brought from many areas across the earth. Beloved Count St. Germain was one of those active in Divine Service in the Temple (in physical form) during this time period.*

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