

EXPECT A MIRACLE!

Lady Portia and Count St. Germain

**Star Hinman, Spiritual Messenger for
Lady Portia & The Ascended Masters**

Live Channeling at an Event:

We Are All
Powerful Beyond Our Knowing
Especially When We Are “In-Sync” with the Higher Realms
EXPECT A MIRACLE!

The Message from Lady Portia:

Greetings My Dears,

It is good to be with all of you! We want you to know that we recommend that you now set your strong intention to form a powerful “network of intelligence and energy” for creatively addressing both spiritual and practical, everyday matters. This network will include and encompass yourself, your spiritual guides and teachers, many Ascended Masters, as well as others who exist within the higher realms, for the purpose of receiving and transmitting both energy and information among yourselves. In this way, you will be able to operate at a higher level of knowledge and effectiveness in your lives, and apply much new energy, ability, and information to all your present-day creations and activities.

This process will occur due to the fact that you will no longer be relying solely upon your own personal energies and knowledge. Every beneficial intention and thoughtform that you create will then be magnified in its effectiveness and further empowered through the action of these “divine helpers,” who can constantly pour the higher energies into your creations. This process can, and will, enhance your abilities to manifest such things as greater abundance and well-being in all areas of your lives.

We hope that you will all remember to consciously connect with your team, this “spiritual creative network,” throughout the day. By being consistent in this activity, you will gradually establish the very effective habit of simply living in this way! We promise that it will become easier and easier for you, as you practice this ability daily. Of course, this is the method by which many, who are now residing in the ascended realms, have successfully raised their consciousness into a state of being which is permanently connected with the higher realms of creativity and awareness.

Know that humanity is in a huge process of experiencing “separation” now. Sometimes this is experienced as separation from the higher levels of your consciousness. Other times, it is separation from each other, due to the amount of negative thought and feeling which your society is choosing to create – in order to learn the lessons of love and oneness. Therefore, you can see that a great need exists to bring everything back into balance, through consciously creating more love among “the family of humanity.” Once you begin this process of keeping your consciousness connected with the higher realms, you will begin to experience the fulfillment of your individual needs, as well as the needs of your society.

This process can even begin to occur in something of an “automatic fashion.” Perhaps you realize that a need exists, and call for fulfillment of the needs of yourself and humanity, and then receive an immediate response from the higher realms. Remember to be consciously aware of allowing the flow of energy to happen both within you, and also within all circumstances of your lives, and then you will be most effective in this process.

Conscious Manifestation Similar to “The Garden of Eden”

Allow all energy flow to automatically bring balance to every situation. Manifestation can, indeed, become effortless. You will then be moving into higher realms of consciousness which are similar to the circumstances that existed (and which some of you may remember) that occurred long ago in the experience which you refer to as “The Garden of Eden,” where no work or labor of any kind was necessary in order to create all circumstances necessary for a bountiful life’s experience. All of this activity was accomplished through the process of “conscious manifestation” of energy into form, coming from the higher realms. You are approaching this now, though few among humanity fully realize the potentials of this Activity of Light.

What we are describing here, this automatic energy response from the higher realms, actually occurs when you relax, raise the level of your consciousness, and get “into sync” with the energies of what is often referred to as 5th dimensional consciousness. Nothing whatsoever needs to be boring, repetitive, or laborious in the new realities which are now opening before you! A “New World” awaits your entrance and the explorations of your consciousness!

Miracles Happen when You Combine Your Consciousness with the Higher Realms

Recognize that this “New Reality” exists, even though most of it is presently still in a state of “potential” reality on Earth. You can all now begin to transform your personal realities of thought and emotion, as well as your physical world experiences, by invoking a higher “Paradigm of Truth” as you elevate your consciousness into the higher realms of spiritual reality – thus manifesting this reality into physical form on Earth.

You are no longer simply “earthbound souls” – limited to calling out for assistance from the spiritual realms in order to connect with those who have the power and abilities necessary to change your circumstances. You, yourselves, are now the “workers of miracles,” as you

combine consciousness with the higher realm energies and realities! Using these methods, you can and will revolutionize your reality by calling forth this truth, and the resulting abundance, in all levels of your lives. Manifest the “Truth of Infinite Abundance!” It is already yours – you simply have not fully realized this concept and learned to employ the requisite methods as of yet -- but you will!

An Important Shift in Consciousness

As we said, all the potentials inherent within this energy field may not yet be fully operational on the Earth, but the more you picture the oneness of all creation, and use the power of your intention to connect with the Beings of Light in the higher realms, the stronger the field will become! As you certainly realize by now, in order to begin to function in this New Reality, it is necessary to shift your consciousness toward this higher realm of reality. To successfully accomplish this, and keep this process operational in your lives, we recommend the following: become constantly aware of the focus of your minds, as well as the focus of your intentions. In this way, you can easily bring your energies into harmony with the new paradigm – which is a new reality for all creation. Remember to delete and replace all old thoughts and feelings based upon the pain of lack and limitation. Thus, you are replacing the “old world” concept with new energies -- and creating what will certainly be new and exciting experiences!

Realize that you are not alone in this process! We, in the spiritual realms, are assisting you. Also, the newly-incarnating souls are bringing this paradigm for the New Earth and helping to create this vast shift in consciousness. It will take some time, but we wish to tell you that you are, indeed, well into this process of ascension in consciousness to the higher realms, where these alternate realities are not only present – they are fully operational!

Do not wait to begin this process in your lives! Everything you require in order to accomplish this important shift is certainly available to you now! All that needs to be done is that you “reach up in consciousness,” by raising the focus of your thoughts, and your energy levels, to receive it and begin to learn how to use the new “tools” that are now available to all of you. Expect a Miracle!

My blessings and love to all of you, I AM Portia

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The Message from Count St. Germain:

Greetings,

This is Count St. Germain with you today. Portia has been talking with you, and now I will add a few things to the message that she has given you, because (humorously) she did leave out one or two things! And you all know how difficult it can be to navigate the challenges that are certainly inherent in the human experience on Earth, so I want to speak a little bit about that today, just to encourage all of you not to pay so much attention to the “difficulties of life,” but

to learn to consciously focus the power of your awareness on the higher realms of spiritual truth – because this has tremendous power on the subject of how you would like things to be in your lives, if you know what I’m talking about!

“Changing the Channel” of Your Awareness

This process is like changing a radio or television station channel! And so, when you find yourselves beset by the difficulties of life, and your mind is filled with these thoughts, simply take a few moments to realize that you are just operating on a particular “channel of awareness.” Realize how easy it is to switch your channel of awareness to the divine realms and the higher energies, because sometimes all of you allow your energies to be “caught, or trapped” in the lower levels of painful or non-productive human interaction with others, or perhaps you are worrying about some of the difficulties of your life, such as challenges that you have not been able to conquer as of yet, in order to have things the way you want them, or would like them to be, in your lives.

I want to tell you all quite directly that it is very simple to conquer this situation, and to actually delete this process from continuing to happen in your experience. You can do this by recognizing the energetic channel that you are focused upon. If you are on one of these lower levels of the strain and the struggle of human existence, just think, (and perhaps you would like to say this aloud), “Well, I am on that channel of strain and struggle, and since I know now that there is another channel that I can choose, I am choosing to shift my awareness to a higher level with all of this, where the answer to whatever difficulty I am experiencing is becoming easily apparent to my mind.”

And then, after thinking or saying this, have a period of quiet meditation where you allow this shift to take place and the answers to begin flowing into your consciousness. You will be surprised at how easy this process becomes for people who have recognized that it is possible. Then it takes just a little practice, and you will be surprised at the results you achieve! I have seen many people do this, and I know that all of you can do it, as well. It is like flipping a light switch! It becomes very fast, this transition into higher awareness – from the process of pain and struggle, as a result of beliefs about lack and limitation.

All of you are ready to learn how to accomplish this easy shift. It can be like a lightning bolt! One moment you are in one reality, and then you realize where you are, and you intend to shift to a higher reality. It’s like shifting gears in one of your automobiles, where you simply decide to shift the gear, and you do it. And when you “shift gears,” then you will be instantaneously in a new place with a higher perspective, a higher outlook on life – a higher outlook on the world, and, most importantly, a higher view of what is possible for you.

It’s Easy to Forget!

We have seen many of our students struggling with this type of thing quite a bit lately, and that is why Portia and I have decided to give information on this subject today. We think we can do

some good here, and implant quite a few beneficial ideas, in order to remind all of you about these options and opportunities. It's not as though you don't know this material, but I understand how it is to be in human existence! Sometimes it is remarkably easy to forget, or to "overlook" certain things. For example, it is possible to forget that the higher realms, and all that they entail, are even *present* on the spiritual levels when human beings become mired in the pain and difficulty of lack and limitation, or some other difficulty that is happening in their lives.

I am just using this as an example, because human beings have a vast array of problems and difficulties, and they seem to be constantly beset by something that is upsetting them or causing them pain. I am not going to try to enumerate all of this material, because it is infinite in its manifestation, unfortunately. But you know what I am talking about. And so, I am saying to you is that it is very easy, it is very quick, to shift the gears of your consciousness and remember that there is another divine realm of awareness! And remember the divine portions of yourself, as well.

Visualize Going Up the Stairway

Just remember that there *is* a higher road – there is a higher awareness, however you want to describe this to yourselves! And sometimes it helps to visualize this in some form that you like, something that is easy for you, such as visualizing yourself going up a stairway to a higher realm. And so, when you say to yourself, "I see that I am struggling with this," then you will remember whatever image that you have set up for yourselves, in order to stimulate this transition in the level of your consciousness.

And you will be surprised how fast your innate consciousness will start to bring forth the image that you have set up for yourselves, such as the stairway that I have mentioned. And then, just take a few deep breaths and calm yourself a bit, and visualize yourself going up this stairway. Realize that this is not a lengthy process, because you will learn to do this very quickly! It will be like "flipping a switch." Or perhaps that will become your visual cue, you will just flip the switch, and you will instantly be in a different realm of consciousness where you recognize and remember that in this divine realm of consciousness, you have unlimited abundance and everything can come to you very easily. Manifestation is not difficult! And this knowledge, this process, can have amazing effects on the circumstances of your outer world life.

Creating a New Reality for Yourself

Now, perhaps this process may not be immediate, in generating obvious results, because when something is "set" in material form, then it must be replaced by a higher material form. Perhaps some things must be deleted, thrown out, or changed. But then you can begin this process of changing and replacing physical forms, even as you change and replace your thoughts about your lives and the experience of physical reality. And, while you are undertaking this process, you can visualize the new reality that you are consciously creating.

You would be surprised at how this process affects even the most minute molecular and atomic forms that comprise your reality, and then everything begins to vibrate on a different level of energy and awareness. It reflects your thoughts, your new reality. And so, be aware that, as you change your mind and the thoughts that you are having, this changes all of these components of the energy which is surrounding you in the physical world, and it begins the process of changing the manifestation of forms in your outer world reality.

The Resonance of Consciousness

You might say, “Well, I can’t change this person’s mind,” but you would be surprised at how often other human beings resonate to these new energies, and many times they don’t even recognize what they are doing! It is an automatic process of resonance and thought transference that begins to happen between you and those who surround you in daily life, for example. And so, it is a resonance of consciousness that takes precedence over the earlier forms that were manifesting in your physical world reality. And it is a gradual replacement process -- of the “new” replacing the “old.”

And, yes, many of these transitions in human 3-D reality do take some time, but at least the process is beginning, and it is no longer stagnant or “set and restricted” in these limiting patterns of thought, which are based upon limits and restrictions, or lack and limitation – or any types of beliefs that constrict and restrain your consciousness from reaching out and taking command, and manifesting what you wish in any area of your lives.

The Expansion of Your Consciousness

This is what we would like to see each one of you recognize: the expansion that is possible here – in your minds, in your thoughts, your emotions, your consciousness. It is a naturally expansive process – this process of beginning with one thought of higher realization and watching this one thought become a seed, and begin to bloom and grow, and to gradually infiltrate all of the areas of consciousness which, perhaps, previously have been crowded with all of these thoughts of lack and limitation of some form or another.

And so, we would like to see the “blooming of your consciousness,” the expansion into these higher realms of energy, and the exploration of the many energetic possibilities that are capable of manifesting here, because many of you have been allowing these previous levels of accepted thought of all types of limitations, to exert the force of certain limitations within your consciousness -- and it is now time to delete all of that and replace it with something new!

This Process of Growth & Change Can Be Fun!

This topic is what I am choosing to speak to you about today, just to let you know that growth and change can be fun! It doesn’t have to be laborious or a lot of work. The idea is for it to be a process based upon the theme of “releasing yourselves from lack, limitation, and painful experiences.” So, it is a releasing process! It is an expansive process of consciousness that can

now take place within each of you who are hearing, or later reading, this message. Know that we have been speaking with all of our students for some time about this material in the higher realms, where we do have access to speak to you face-to-face about these things.

And that is exactly what has been occurring! You have been prepared to hear this message in your physical experience. And now you are hearing the message with your physical ears, and having a chance to see the results of this information as it will manifest within your physical world, because it is going to cause a huge expansion – not only in your consciousness, but within many aspects of your physical world reality, as this expansion grows from a point of consciousness to manifestation in the outer world.

It is fascinating to watch this process as it occurs! We greatly enjoy this experience with people, especially the ones that we are instructing in this process, and we teach many students – all across the world. And so, remember to practice this information, because you are just in the beginning stages of this teaching. Realize that the more you practice and experiment with it, the easier it will become! And you will be greatly encouraged by the types of responses you receive from your outer world reality. Try this! And expect a miracle!

We hope that this information is helpful to you, and all those who access this material, wherever they are located. We have been wanting to speak about this subject for some time, so thank you for giving us this opportunity to do so. And we will be giving more information on this subject, as you all practice what you have been given. Then you will be ready to move on to other levels of this type of instruction.

But, for now, that is all I wish to say to you, and Portia has greatly appreciated your kind attention today to her message, as well, and she has requested that I say this to you. So, thank you for your kind attention to both of our messages. You all have some very capable guides with you as well, so you certainly have no shortage of inspirational material coming to you – to help remind you, when you are in the midst of some difficulty, that there is a higher path out of whatever matters you are experiencing.

This is Count St. Germain speaking with you, and we love you, as do many in the spiritual realms, who stand with you constantly, and we certainly wish you the best in all your endeavors.

Thank you, and Adieu

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The Message from Star:

This process, as outlined by Lady Portia and Count St. Germain, is designed to both enhance and complement our creativity. When we work with the Beings of Light in this way, they can

bring their immense abilities to bear on our creative projects and pursuits, causing quicker and sometimes “larger” forms of manifestation than, perhaps, we even considered!

It’s good to remember, also, that this process is meant to be effortless. When we make things difficult, repetitive, or boring, we lower the vibrational frequency of what we are doing – and thereby decrease its effectiveness – which may limit the results we might otherwise achieve. “Trying” only lowers our vibration and consciousness! This process, in its purest form, is effortless. Count St. Germain says that “It is the action of consciousness directing energy into form and substance.”

Additionally, don’t worry about seeing “instant results or response” in the outer world to what you are doing in this inner process. Sometimes our intentions, once set in motion in this way, begin their own process of manifestation into physical form, or perhaps they affect certain circumstances that we are consciously creating in our lives. Sometimes a series of adjustments need to be made in energy levels, and many other things, in order to finally arrive at a state of completion. So do your own work with this, and then be sure to turn it over to the higher realms, to see completion of the process. As human beings, we never know exactly what is going to happen. Trust that the final results may be even better than you hoped, intended, or visualized! You are working together with amazing light beings and sources of intelligence in the higher realms, so the results you achieve may be even better than your wildest dreams!

Part of this creative process, as outlined by the beings of light, falls within the realm of our human experience. Often, it is necessary for us to look at the beliefs we hold about ourselves, in order to recognize how we may unconsciously be limiting our abilities and creative potentials, and holding ourselves back. In order to clear the way for forward progress, it is then necessary for us to have the courage to be honest with ourselves about our fears and limiting beliefs, so that we can clear these obstacles from our consciousness by using the Light of Truth about who we are and the Violet Transmuting Flame for clearing. We must have the relentless drive to look within and clear the inaccurate beliefs that can retard our progress.

For those who would like to use the Violet Transmuting Flame to release old blockages that might hinder the creative process, you are invited to visit the “Creating Sacred Ceremony” page of our website at www.starbird1.net to download and print the documents “Creating Your Sacred Space,” and “The Invocation of the Violet Transmuting Flame.” These may be very helpful in accomplishing all that we have been discussing.

Also, when we are focusing on the manifestation of a specific goal, it is possible to ask our higher selves for assistance in realizing and using the power that we hold in our minds and intentions. You can say, for example, “I am powerful in my mind and my intention to accomplish this goal. Reveal to me now what I need to know to accomplish this.” And then name whatever you are focusing on, such as abundance, peace, joy, or fulfillment in some area of your life. Then you can also invoke the power and presence of the higher realm intelligence of your guides and teachers in the spiritual realms to assist in this process. It is important that

when you select a goal for yourself to achieve, that you put energy toward believing that you can do it – even if at first you don't think it is possible for you! Then you will manifest it.

Sometimes it is necessary to have nerves of steel, a will of iron, and fire in the soul in order to confront and destroy the erroneous fears and beliefs about ourselves that would operate to hold us back from being all that we can be -- until we clear them, once and for all, from our consciousness! Continue on your upward path, fearlessly, and "Expect a Miracle!"

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