

ENTER THE “NO-JUDGMENT” ZONE

Lady Portia and Count St. Germain

**Star Hinman, Spiritual Messenger for
Lady Portia & The Ascended Masters**

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Greetings, Dear Ones,

You will all have many “invitations” this year to participate in various manifestations of judgment and negativity regarding your fellow human beings and their earthly activities! For this reason, we bring you this message – to hopefully steer you in another direction. Realize that, when you participate in judgment of others, you lower your level of consciousness and reject your own divinely-given freedom.

The pathway of judgment is, indeed, a rocky path – strewn with many snares, pitfalls, and traps for the unwary – for it leads to participation in precisely the energies which you may wish to avoid. As you might surmise, engaging in the lower levels of energy, such as hatred, oppression, intimidation, or judgment of your fellow human beings is not the pathway to higher consciousness, which many of you are seeking. While some people do realize this truth now, many unfortunately do not, and therefore the need exists for this timely message to humanity.

It’s All about Consciousness This Year!

You will all have many opportunities to refine your consciousness this year, and this focus upon non-judgment of others is what we in the spiritual realms would recommend for all of you to examine and practice. Realize that you are living in two worlds now! These are the worlds of positivity and negativity, which exist side-by-side, and constantly beckon to each of you. The unwary might possibly have their consciousness snared and entrapped in these lower frequencies of negative energy. And, consequently, they could overlook and miss the many opportunities for advancement of their consciousness.

Be aware of yourself – more than you are aware of the many outer-world distractions which will be presented to you this year, so that you can then sense the waves of higher-vibrational energy which will be coming to the earth. You can then “ride these waves” into higher levels of consciousness. Since these energies will be available intermittently for virtually the entire year, this will be an important opportunity for all of you to make progress.

The year of 2020 is going to be an amazing year of very high-frequency energy waves bathing the earth, each coming in strong succession. For this reason, we bring you this “wake-up call” – so that those of you who have been focused on the extremely negative political drama which is taking place this year will instead have an opportunity to “change the channel” in your mind and intelligently choose to focus upon that which is actually beneficial to you!

Counteracting the “Drawing Power” of Negativity

Because of the nature of human consciousness, which is often fascinated by emotional issues, many people unknowingly become quite engaged by negatively-themed materials. Know that it is not to your benefit to allow your consciousness to be captivated, manipulated, or controlled in this way.

Huge creative energy flows, unlike anything you have previously known, will make their appearance this year – and the wise among you will avail themselves of this opportunity! As a result, many people will completely re-create their lives this year, based upon higher-frequency themes and patterns, and we would like to see our students be among this group.

Simply by being incarnate on the earth at this momentous time in human evolutionary progress, you have the opportunity to make great strides forward on your “path of ascension in consciousness.” We cannot over-emphasize this point to all of you now! Therefore, it is vitally important that you take command of the focus of your consciousness, even as the captain of a ship commands their vessel. This is true, because you are the commander of your own destiny, if you realize the validity of this point! Unfortunately, however, many do not realize the importance of this concept -- and, therefore, fail to wisely use this opportunity to steer their consciousness, as they might, toward light and higher thought.

We would like to make sure that all the students understand the important role your thoughts play in forming and directing your emotions – whether this be toward a higher or lower focus of energy. Yes, your thoughts precede your emotions, and consequently they direct the focus of your emotional body’s energy, which contains amazing power in its creative activities in your lives.

Consciously Direct Your Thoughts and Emotions

By understanding this point, you will all take a great leap forward, toward the goal of consciously directing your thoughts, your emotions, and the products of your creativity. Those who unfortunately allow their minds, thoughts, and emotions to be captured by the lower energies of discord and strife will regret this decision, and I can promise you that, when they later fully realize the amazing opportunities which they have missed.

This task of holding yourselves to higher standards of energy frequency and thought processes will not be an easy one, and that is precisely why we have chosen to bring you this message at this time, so that you can begin to prepare yourselves. There will be many distractions for you to contend with this year, such as loud voices talking, and there will also be persuasive tactics used to capture your attention. But, nevertheless, you must remain steadfast and aligned with light in higher thought and energy frequency.

These occurrences, which have been described in this message, will be a test for many this year! And, truly, “The wheat will be sifted from the chaff.” The serious students will, therefore,

distinguish themselves in this way – through demonstrating an ability to focus and direct their consciousness. However, it is not our purpose to unduly alarm anyone by revealing the information contained in this message. And so, we will tell you that, if you find that you are not fully able to participate in the challenges and opportunities of this year, be assured that the appropriate opportunities will come to you. But we hope that you will all do your best to choose “the higher road” in attitude and consciousness. This choice will certainly lead to your long-term benefit.

The Significance of The Year 2020

We bring you this message now because of the many attempts at “consciousness control” which are presently occurring in regard to earth. You see, this is a pivotal time for the earth in her evolutionary progress! The year 2020 is a “foundational year” in the evolution of earth. The progress you make in raising the energies and consciousness of earth this year will then act as the basis, or foundation, for what is able to be accomplished in many years to come. In this way, the year 2020 acts as a “foundation” for the progress to be made in this decade. Some people intuitively realize this fact, but many do not – which is the reason we have chosen to bring it forth in this message.

The more you can all stay focused on the ascension of earth into her status as a “planet of light,” the more you will benefit yourselves and the earth. Know that even one hundred people holding this thoughtform for earth have tremendous power to assist her progress, and this is precisely what your planet needs now! She needs your assistance to move beyond negativity in the process of her ascension. Know that she does make progress every day, but the tremendous weight of the negativity which is still upon her does somewhat impede the progress which she could otherwise make.

The “Free-Will Zone” of Earth

We tell you these things because you are sentient Beings of Light yourselves, incarnating on a planet of free will. Earth has long been known as a “free will zone,” because the inhabitants of earth have the opportunity to choose whether they will focus upon light or darkness, freedom or tyranny, love or hatred.

We bring this information to your attention now so that you will realize the importance of the decisions you will be making this year. Will you choose love or hatred? Will you choose to use your power of choice to focus your consciousness on the positive themes of love, the oneness of all life, and the ascension of earth, as she moves fully into her body of light? These are important considerations to steer the choices that you will be making this year!

The earth needs your help now, as do your fellow human beings, in order to make a great leap forward in the consciousness of earth and all her life! Realize the oneness which enfolds you on this beautiful planet! We in the spiritual realms will be assisting all of you to the maximum

amount which is allowed by cosmic law – in this very important, and indeed pivotal, year of 2020.

Our love, guidance, and assistance go out to all of you – constantly.

Victory in the Light!

Lady Portia and Count St. Germain

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